# Thurrock Council volunteer role description

## **Community-led support volunteer**

Supported by	Community-led support (CLS) teams CLS 1
Role summary	This role supports vulnerable residents who are socially-isolated, lonely or caring for someone else. Community-led Support (CLS) brings care into the community, providing easy-to-access support and solutions that are best for the individual. For example, support to find an activity or organisation in the local area that would help a person achieve things that matter most to them.
Location	CLS 1 – Tilbury, Chadwell St Mary, East Tilbury, West Tilbury and Linford
How to apply	Complete the application form at www.thurrock.gov.uk/volunteering

### Tasks and responsibilities

You will be expected to:

- support vulnerable residents with activities such as shopping for food, collecting medication, attending appointments or activities, and social interactions with other individuals or groups
- provide telephone befriending for those who are socially-isolated, lonely or without support
- support the running of online, virtual or phone-based talking shops and drop-ins
- help promote the CLS approach, encourage the community and provide feedback

#### Skills and experience

You must:

- be willing to support people in a positive way
- work as part of a team, assisting in planning, prioritising tasks and thinking creatively
- be able to travel with individuals, either in your own vehicle or on public transport
- be confident in talking with and listening to others

#### Time commitment

The role is flexible and time can be agreed in advance with your volunteer manager.

#### Support you will get

We will:

- reimburse expenses, as agreed for example, travel costs
- provide relevant training, including getting to know the local community and how to navigate the health and social care system
- support you to gain experience, enhance skills and build confidence
- consider you a valuable part of the adult social care team

This role requires a Disclosure and Barring Service (DBS) check.